

Jay Michel

SAG -AFTRA

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TELEVISION /NEW MEDIA

Promise Ring	Lead (Recurring)	Matt Sordello
Frat Lessons	Lead (Recurring)	Michael King
Boom, Boom, Pow.	Lead	Ross Arias
Clerks	Lead	Tessie Groff
Your Husband	Supporting	Matt Von Manahan
Singles Weekend	Supporting	Lane Marion

THEATRE

Clerks -Live!	Randal	Lamar Harris
The Jersey Shoresical	Opener	Drew Droege
Shear Madness	Tony Whitcomb	Patrick Grey
A Christmas Carol	Jacob Marley	Katherine Hayman

IMPROV/ SKETCH

<i>The Second City Hollywood, Premium House Team.</i>		
Photo's from Last Night	Sketch Cast	Rebecca Sage Allen
Half Hour Power Hour	Sketch Cast	Jay Michel/ Carla Delaney
Bench Blue	Sketch Cast	Allison Bills
#5 Spice	Improv (Long Form)	Kiff Vanden
<i>Upright Citizens Brigade</i>		
Sold Out	Improv (Harold)	
<i>IO West</i>		
Work Force	Sketch/Improv	

STAND -UP (Selected credits)

Victory Base Camp	Baghdad, Iraq
Salute The Troops(DVD)	Nandar Entertainment
The Comedy Store	Los Angeles, CA
The Improv	Los Angeles, CA
Jon Lovitz Comedy Club	Los Angeles. CA
Flappers Comedy Club	Burbank, CA
The Ice House	Pasadena, CA
The Comedy Store	La Jolla, CA

STORYTELLING (Selected credits)

The Moth Story Hour	National Public Radio	
Persons of Integrity	Comedy Central Stage	Los Angeles
Grand Slam 2010	Echoplex	Los Angeles
Funny Cuz It's True	Second City Main Stage	Los Angeles
I Blew it	The Improv	Los Angeles

TRAINING

The Second City Conservatory	1, 1A, 2, 3	Niki Lindgen, Jamie Moyer, Marc Warzecha
The Second City Conservatory	4, 5	Rebecca Sage Allen
Upright Citizen Brigade	101, 201, 301	Amanda Sitko, Kevin Fleming,
Upright Citizens Brigade	401(Current)	Brian Finkelstein
Dating Your Character -Intensive		Devo Cutler-Rubenstein
Solo Performance		Paul Stein

